

## WELLNESS POLICY IMPLEMENTATION PLAN – SCHOOL: Emma W. Shuey

<b>WELLNESS COMPONENT:</b> Physical Activity				
<b>Policy Element:</b> Each SWC, in coordination with the Student Lighthouse Team, will be responsible for developing at least one project related to promoting student wellness.				
<b>What will this look like?</b> The primary (2 <sup>nd</sup> & 3 <sup>rd</sup> grade) and upper (4 <sup>th</sup> -6 <sup>th</sup> grade) Student Lighthouse Teams will develop projects that are student-led and implemented by students to encourage physical activity and increased healthy nutritional options by all students.				
<b>Funding (e.g. LCAP/ESSA.Other):</b> LCAP, Title I, and donations				
PRIORITY	ACTIVITIES/STEPS: What needs to be done?	By When?	STATUS	RESPONSIBLE PARTY: Person(s)/Workgroup:
<input checked="" type="checkbox"/> High  <input type="checkbox"/> Medium  <input type="checkbox"/> Low	Primary (2 <sup>nd</sup> & 3 <sup>rd</sup> grade) Student Lighthouse Team will organize a “Lighthouse Games” cart. The Lighthouse Games cart is a PE cart filled with throwing/catching equipment and sand toys that is taken out at each recess by the primary Student Lighthouse members. Student Lighthouse members are responsible to maintain the cart and to suggest improvements for its usage.	9/2018	<input checked="" type="checkbox"/> COMPLETED <input type="checkbox"/> IN PROGRESS	Names: Jan Brydle, Student Lighthouse Team members (various)  Workgroup: Upper grade and primary Student Lighthouse Teams
	Upper grade (4 <sup>th</sup> -6 <sup>th</sup> grade) Student Lighthouse will develop a similar Lighthouse Games cart geared towards older students. The cart will be designed with games & activities to encourage all students to be active during recess.	2/2019	<input type="checkbox"/> COMPLETED <input checked="" type="checkbox"/> IN PROGRESS	
	Suggestions and/or comments made to the student suggestion box (which is monitored by Student Lighthouse) often note requests for specific foods to be served at lunch. The Student Lighthouse Team researches the response with the assistance of the cafeteria and posts these responses on a board in the MPR. Posting the responses as to which types of food can and	Ongoing	<input type="checkbox"/> COMPLETED <input checked="" type="checkbox"/> IN PROGRESS	

	cannot be offered during school meals builds students awareness of healthy food options.			
	Students have suggested through the suggestion box that we develop a plan to reduce the amount of food waste in the cafeteria. The Student Lighthouse Team in conjunction with the cafeteria/Nutrition Services department will develop and implement with a food waste awareness and prevention plan.	4/2019	<input type="checkbox"/> COMPLETED <input checked="" type="checkbox"/> IN PROGRESS	
<input type="checkbox"/> Already in place districtwide	The development of a student-led newspaper in which a "Healthy Foods" section will be included.	2/2019	<input type="checkbox"/> COMPLETED <input checked="" type="checkbox"/> IN PROGRESS	
			<input type="checkbox"/> COMPLETED <input type="checkbox"/> IN PROGRESS	
<input checked="" type="checkbox"/> In Progress				
<input type="checkbox"/> Not Begun	<b>How will this be monitored?</b> During Student Lighthouse Team meetings, the effectiveness of the cart will be reviewed. Additional input from students may be obtained through our student suggestion box.		<b>How often will monitoring take place? (e.g. weekly, monthly, annually)</b> Weekly Student Lighthouse Team meetings.	<b>To whom will results and/or updates be reported?</b> Principal
				Director of Nutrition & Wellness
<b>COMMENTS</b> (Include here any indispensable financial, equipment or other resources): The Lighthouse Games carts are included in the Shuey School's Single Plan for Student Achievement or SPSA as part of the actions to achieve the socio-emotional leadership goal.				